

September Newsletter



***“Let everything that has breath
praise the Lord.” – Psalm 150:6***

Lord, hear our constant prayers for . . .

Mr. Burl Brown	Mrs. Joan McFadden
Rev. Marvin Griffin	Mrs. Marian Martin
Mrs. Agnes Hatcher	Mrs. Nancy Pritchett
Mr. Je'dan LeSure	Mrs. Jackie Wilder

**Prayer Hour – Join us each Saturday @ 11 a.m.
Dial: 1/681-999-0264 (Access Code: 391959#)**

Prayer Requests/Concerns – August 6, 2022

Black Ministry Family Convocation – July 27th-30th – Mobile, AL
Thanks to the Lord for His blessings; success of the Convocation;
and attendance was great!

Mrs. Katie Wiggins – Pastor Perry McCullam – Pastor Anthony Robinson
Pastor James Brown and wife, Edrina
Pastor Warren Davis and wife, LaJewel
Pastor Michael Shannon and wife – she is improving
Jeffery Washington (brother of Pastor Washington)

Pastor Washington and family/Church families – Blessings on our Ministry

Angela LeSure – Je'dan LeSure – Victoria and Jean Davison

COVID outbreak; Monkeypox – continue to cover us for safety

Bereaved families (who are still grieving) and sick/shut-in everywhere

Prayers for our worship services tomorrow and churches everywhere

Those who are victims of natural disasters

National Politics, as well as locally

Thank You, Lord - justice for Breonna Taylor - family of Louisville, Kentucky

Binding Satan, the enemy

Thank You, Lord, for hearing our prayers! In His Name . . . **Amen!**

Prayer Requests/Concerns – August 13, 2022

National Politics – we pray for our leaders that they make the right decision
– all the hatred, etc. – according to His will – Father, stay involved . . .

John Henry Bean, Sr. – hospitalized

Patricia & Sylvester Hatcher (wife & husband) of Pensacola, FL – Ill
(Sister & brother-in-law of Paulette & Larry, Sr. Ishman & Barbara Brown)

Markica Pickney (granddaughter of Mr. & Mrs. Dunlap)

Pastor Marvin Griffin and wife, Mrs. Shirley Griffin

Angela LeSure

Family members of Mary Walker of Pensacola, FL – bereavement

Pastor Washington and family/Church families

Blessings on our Church services tomorrow

Churches all over the world

Bereaved families/sick and shut-in

All tuned in on line this morning for prayer – all families

Rosebud Services – 4th Sunday in September

Thank You, Lord, for hearing our prayers!

Binding Satan, the enemy

In Jesus' name, we pray . . . **Amen!**

“And without faith it is impossible to please God, because anyone who comes to him must believe that he exists and that he rewards those who earnestly seek him.” – Hebrews 11:6 (NIV)

Prayer Requests/Concerns – August 20, 2022

Angela LeSure – has lung donor/transplant surgery was successful . . .
God's Blessings! To God Be the Glory! Continue to be encouraged!

Mrs. Edrina Brown – recovering (wife of Pastor James Brown)

Joe & Debbie Anderson – safe travel (brother/sister-in-law of Dr. Ramsey)

George – sick (friend of Ruben Dunlap)

Je'dan LeSure – doctors are seeing improvement (Praise God!)

Patricia & Sylvester Hatcher (wife & husband) of Pensacola, FL – ill
(Sister & brother-in-law of Paulette & Larry, Sr. Ishman & Barbara Brown)

John Henry Bean, Sr. (patient at Park Place)

Victoria and Jean Davison

Markica Pickney (granddaughter of Ruben & Wilma Dunlap)

Pastor Washington & family/Church families

Blessings on our Worship Service tomorrow

Pray for churches/ministries (especially churches in the Birmingham area)

“Congratulations” to Brittany Montgomery – birth of 8lb. baby girl

Safe travel to/from Detroit for Ruben & Wilma Dunlap

National Politics . . .

Bereaved families and sick/shut-in everywhere

Bind Satan, the enemy

Thank You, Lord, for hearing our prayers!

In Jesus' name, we pray . . . **Amen!**

Prayer Requests/Concerns – August 27, 2022

Family of Mr. Ward of Birmingham – bereavement
Pastor Washington is attending funeral services today

Patricia & Sylvester Hatcher (wife & husband of Pensacola, FL) – Ill
(Sister & brother-in-law of Paulette & Larry, Sr. Ishman & Barbara Brown)

Burl Brown

John Henry Bean, Sr. (patient at Park Place)

Angela LeSure – recuperating

Je'dan LeSure – improving

Pastor Washington & family/Church families

Family members of Mary Walker (98 years of age) – bereavement
Long-time member of Jehovah Lutheran Church, Pensacola, FL

Bereaved families/sick and shut-in everywhere

Blessings on our Worship Services tomorrow

National Politics . . .

Bind Satan, the enemy

What a mighty God we serve!

Thank You, Lord, for hearing our prayers!

In Jesus' name we pray . . . **Amen!**

For the Sick: God, healer of all sickness, be with those who are sick today. Heal the body, mind, and soul of all who are suffering. Be with the doctors and medical staff who are being used by You to do this healing. Give comfort to those sick today. Place Your guardian angels around them and keep them from evil. Give family and friends the ability to care for those who are sick. And if it is Your will, restore them to full health soon. In Jesus' name.

Amen!

-Portals of Prayer/July-September 2022

Portals of Prayer/September, 2022

Labor Day (September 5): Lord, from the beginning, You set a pattern of work and rest for us to follow. Thank You for providing me with meaningful work as well as set times of rest. Rejuvenate my spirit so I might approach my work refreshed and ready to serve You. For those who are unemployed or underemployed, I pray that You would prove Yourself faithful in providing for all their needs. In Jesus' name. **Amen!**

Patriot Day (September 11, U.S.): Father of mercies and God of all comfort, be with those who are hurting today. As we remember the many lives lost that day, as well as the heroic efforts of the first responders, we are humbled by the brevity of life. Preserve our nation from future attacks and, even more, guard our hearts from the attacks of the evil one. May we live this day and every day in light of eternity. In Jesus' name. **Amen!**



Holy Cross Day (September 14): Father, only You could take something as horrific as a cross and turn it into a thing of beauty! By the blood that was spilled on that instrument of torture, I am made whole and pure. You stretched out Your lavish mercy through the nail-pierced hands of Your Son, ushering me into a right relationship with You. I am forever grateful for the beauty of the cross. In Jesus' name. **Amen!**

St. Michael and All Angels (September 29): Lord, You love us so much that You not only send us Your Holy Spirit but also command Your angels concerning Your children, to guard us in all our ways (Psalm 91:11). Thank You for Your ever-present care over us. As Your holy angels delight to do Your will, may Your children also abide by Your Word and rejoice in serving You. In Jesus' name. **Amen!**

STEWARDSHIP DEVOTION

Making Choices

Each of us makes hundreds of choices a day, perhaps beginning with the sound of the alarm clock, when we choose whether or not to get out of bed. Many of our choices are made unconsciously. We choose what we'll wear and what we'll eat and whether we'll spend our leisure time reading or watching television. We choose our friends and our pets but not our families. Those we're born into without our having a voice in the matter. It is similar with the family of God, for it is our heavenly Father Who has chosen to adopt us into His family.

- We were dead in sin, but God speaking through Hosea said, **"I will redeem them from death"** (Hosea 13:14). That is God's choice. Paul wrote to Timothy that **"Christ Jesus came into the world to save sinners . . ."** (1 Timothy 1:15). That is His choice. Matthew recorded Jesus' words: **"The Son of Man did not come to be served, but to serve, and to give His life as a ransom for many"** (Matthew 20:28).
- We are, as Peter wrote, **"A chosen people"** (I Peter 2:9). As the redeemed and chosen people of God we now can choose to respond by declaring **"the praises of Him Who called [us] out of darkness into His wonderful light"** (I Peter 2:9).
- We can choose to follow Paul's directive to **"serve one another in love"** (Galatians 5:13).
- We can choose to follow the example of Joshua who counseled those headstrong Israelites: **"Now fear the Lord and serve Him with all faithfulness . . . But if serving the Lord seems undesirable to you, then choose for yourselves this day whom you will serve . . . But as for me and my household, we will serve the Lord"** (Joshua 24:14-15).

BLESSINGS ON YOUR STEWARDSHIP JOURNEY!

ALTAR FLOWERS FOR MONTH OF SEPTEMBER

"Thanks" to Dr. Major Madison, Jr. & Mrs. Benita Madison for beautiful flowers adorning our Altar for the month of September – in loving memory of Mr. & Mrs. Major Madison, Sr. (parents of Dr. Madison, Jr.); in loving memory of Mr. & Mrs. Anthony Johnson, Sr. (parents of Mrs. Madison) and in loving memory of Mrs. Ann-Michelle Madison Terry (daughter of Dr. & Mrs. Madison, Jr.).

HEALTH NEWS

Shedding Light on Food Myths – When it comes to food and nutrition, what was true even just a few years ago may have changed. That's because ongoing research brings new insights. Here are a few examples.

- **Myth: You shouldn't eat anything after 7 p.m.**

Reality: While late night snacking can lead to weight gain or prevent weight loss, it's not because of the time of day. Instead, it's about why you're eating. If your reason is anything other than satisfying a physical hunger, then the mindless snacking of any type of food can lead to weight gain. Oftentimes snacking simply becomes an evening habit (it's what you always do) or it's a result of boredom.

- **Myth: Low-fat or fat-free products are healthier choices.**

Reality: Many products labeled low-fat or fat-free contain added sugar or sodium to help make up for the loss of flavor due to removing or reducing the fat. If you eat fat-free products to reduce your calorie intake, the opposite may occur. You may end up with more calories because the fat-free food doesn't make you feel as full (so you eat more), or you may eat larger portions because you believe it's healthier food.

- **Myth: Organic foods are more nutritious.**

Reality: Organic foods aren't any different nutritionally from non-organic foods. An organic apple and a conventionally grown apple will both contain the same nutrients and have the same calories. The difference in the labeling is how many pesticides, fertilizers, or preservatives were used in the growing process.

Source: Mayo Clinic/Better Health – Fall 2022, Volume 38, Number 3



“Birthday Blessings”

1st Barbara Brown

15th Dorothy Lamar

1st Sonia Sykes

20th Arthur Reese

2nd Carmen LeSure Jackson

21st Tamecia Smith

3rd Herman Arnold

23rd Bryson Noah Peeples

5th Shaunte’ LeSure

24th Cameron Hatcher

5th Nancy Pritchett

24th K’auna Ross

9th Benita Madison

24th Kendra Ross

10th Amy Ramsey Marion

25th Joann Ramsey

14th Chryshaun Hatcher

27th Latonya Brown Hunter

14th Dr. Jennifer Ramsey

27th Alicia Webb Sturdivant

15th Marley Knox

29th John Ratcliffe, Jr.

Grandparents’ Day – September 11, 2022

In 1970, Marian McQuada initiated a campaign to establish a day to honor grandparents. In 1978, President Jimmy Carter signed a federal proclamation, declaring the first Sunday after Labor Day as National Grandparents’ Day. **HAPPY GRANDPARENTS’ DAY! – Enjoy Your Day!**



For Us and With Us

Romans 8:31-39

LWML SUNDAY 2022

Sunday, October 9, 2022 – 11 A.M.

**Trinity Lutheran Church
1900 Marie Foster Street
Selma, AL 36703**

Rev. Steven Washington, Pastor